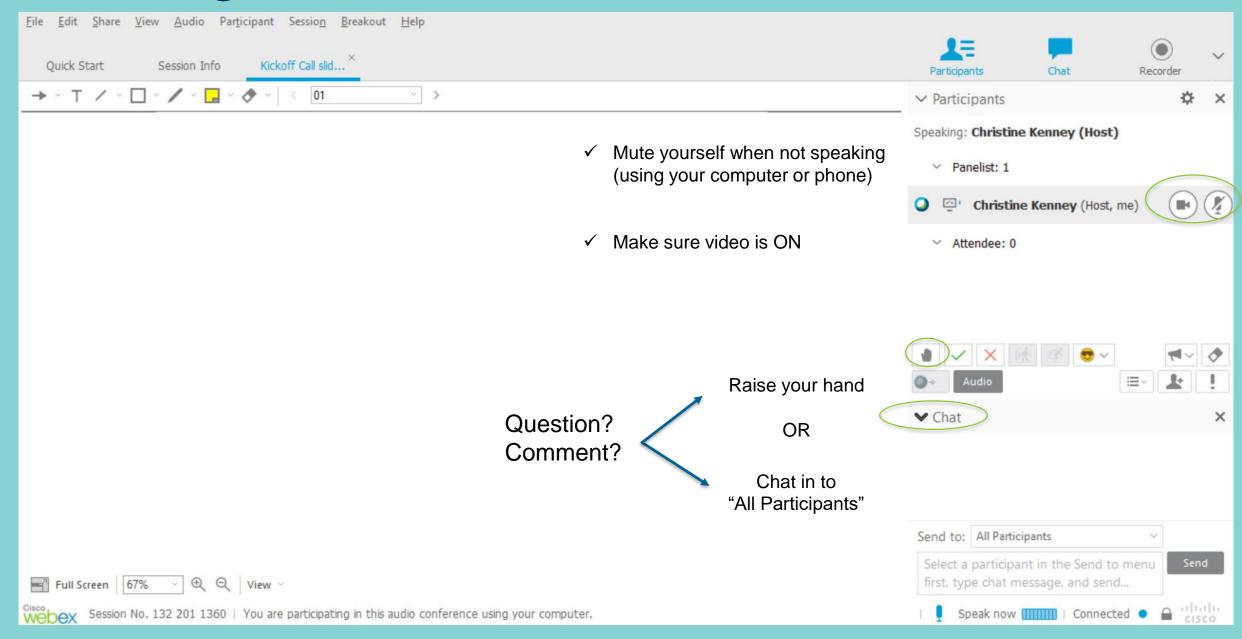
COVID-19 ORAL HEALTH RECOVERY AND TRANSFORMATION

COHRT Community Call

September 23rd, 2020



Interacting With Each Other



Today's Agenda

- Welcome
- Population Management into Practice
- Team Sharing
- Discussion
- Next Steps

Learning Objectives

Participants in this session will:

- 1. Define population management, population medicine, and population health
- 2. Understand how these principles can be applied in dentistry within the domain approach
- 3. Identify available resources to support how dental care is provided

Disclosures



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The DentaQuest Partnership for Oral Health Advancement is an ADA CERP Recognized Provider. This presentation has been planned and implemented in accordance with the standards of the ADA CERP. Full disclosures available upon request

This webinar will be recorded.

Laying the foundation...

Population Management

Population Medicine

Population Health

System

Actions

Outcomes

What are the systems within your practice to care for your patient population?

What actions are you taking to make sure your patient population is getting healthier?

How do you know the care you are providing is improving the oral health of your patient population?

Oral Health Status (including risk factors that affect oral health)	Management Type	Targeted Outreach and Scheduling Approaches	Interventions	Caries Risk Assessment (CRA) Periodontitis Risk Assessment (PRA)
No chronic or concomitant disease or disorder No current oral health disease	Self-management	Teledental Health Promotion/ Disease Prevention (HP/DP) visit:	 Motivational Interviewing: D9994 Caries Risk Assessment: D0601-0603 Oral Hygiene Instructions: D1330 Nutritional Counseling: D1310 Description: Using motivational interviewing/shared decision-making techniques, craft a home care plan with patients and families to maintain low caries risk, promote oral health and overall health 	CRA: Low PRA: Low
Moderate/Good Oral Health No chronic or concomitant disease	0.15	Teledental visit*:	Teledental HP/DP above	CRA: Low/Moderate
or disorder Active oral health disease (caries, perio)		*In-office visit: (if needed)	Non-aerosol, low aerosol or minimally invasive procedures ¹²	(or chronic gingivitis as a diagnosis)
(caries, perio) Pregnant patients Dise	Self-management Disease management	Teledental visit:	Teledental HP/DP as above and schedule in-office visit according to risk	CRA: Moderate/High PRA: Moderate or chronic gingivitis/ periodontitis
	Urgent dental care	In-office visit:	 Non-aerosol, low aerosol or minimally invasive procedures¹ Droplet precautions and aerosol-mitigating engineering and clinical options² 	
Poor Oral Health Active cellulitis/abscess Pain/swelling Possible infection Self-management Disease management Immediate dental care	Teledental visit:	Teledental HP/DP as above and schedule in-office visit according to risk May include prep for in-office and post-operative instructions for in-office visit	CRA: Moderate/High	
		In-office visit:	Non-aerosol, low aerosol or minimally invasive procedures¹ Treatment plan with in-office visits scheduled according to low aerosol or mod/high aerosol producing visits²	PRA: High
Emergency or New Dental Patient Unknown oral health or health status	Disease management Immediate and/or urgent dental care In-o	Teledental visit:	Teledental HP/DP as above and schedule in-office visit according to emergency May include prep for in-office and post-operative instructions for in-office visit	CRA: Determine PRA: Possibly determine
		In-office visit: (if needed)	Non-aerosol, low aerosol or minimally invasive procedures¹ Moderate/high aerosol procedures²	

¹Non-aerosol, low aerosol or minimally invasive procedures

- · Preventative: Exams, hand scaling
- Prevention and Caries Control: Fluoride Varnish, Silver Diamide Fluoride (SDF), Curodont Repair Fluoride Plus
- Minimally Invasive Dental Procedures or Materials: GIC sealants, ART + Hall techniques, Non-surgical extractions

²Engineering Controls and Aerosol mitigating in-office clinical/procedural options

- In-office rinse
- Rubber dam use
- In-room aerosol evacuators and HVAC design
- · High speed suction attachments such as Iso-lite
- Minimally invasive dental treatments and products
- Electric handpiece uses in lieu of air-driven high speed handpieces



Population Management (System)

Patient Stratification

Targeted Outreach

Scheduling Approaches

Teledentistry

Disease Management

Self-Management

Oral Health Status (including risk factors that affect oral health)

Excellent Oral Health

- No chronic or concomitant disease or disorder
- No current oral health disease

Moderate/Good Oral Health

- No chronic or concomitant disease or disorder
- Active oral health disease (caries, perio)

Compromised or At-Risk for Oral Diseases

- Active oral health disease (caries, perio)
- Pregnant patients
- Chronic or concomitant disease or disorder:
- Oral cancer, diabetes, inflammatory diseases, and cardiovascular disease

Poor Oral Health

- Active cellulitis/abscess
- Pain/swelling
- Possible infection

Emergency or New Dental Patient

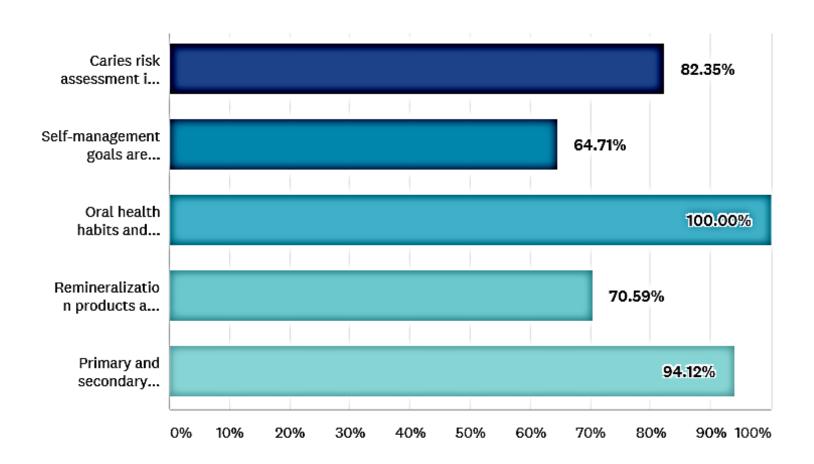
Unknown oral health or health status

Population Medicine (Action)

- Glass Ionomer
- SDF
- SMGs
- OHI
- Nutritional Counseling

Interventions	Management Type	Targeted Outreach and Scheduling Approaches
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Non-aerosol, low aerosol or minimally invasive procedures ¹²	Disease management	*In-office visit: (if needed)
Teledental HP/DP as above and schedule in-office visit according to risk	Teledental Self-management Disease management	
 Non-aerosol, low aerosol or minimally invasive procedures¹ Droplet precautions and aerosol-mitigating engineering and clinical options² 	Urgent dental care	In-office visit:
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Non-aerosol, low aerosol or minimally invasive procedures¹ Moderate/high aerosol procedures²	Immediate and/or urgent dental care	In-office visit: (if needed)

Population Health (Outcome)



Carles Risk Assessment (CRA) Periodontitis Risk Assessment (PRA)

CRA: Low PRA: Low

CRA: Low/Moderate PRA: Low/Moderate (or chronic gingivitis as a diagnosis)

CRA: Moderate/High PRA: Moderate or chronic ginglvitis/ periodontitis

CRA: Moderate/High PRA: High

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Connecting the Dots

Domains	Focus
Domain 1 Telehealth	Developing/expanding telehealth strategies for providing oral health services, given current infection control and regulatory restrictions
Domain 2 Minimally Invasive Care	Safely providing oral health care with non-aerosol procedures
Domain 3 Improved Surgical Intervention	Operate dental practices under emerging infection control standards

Examples

8- yr old with mouth pain-

Teledentistry to get recent history, workup a differential diagnosis, refresh CRA, family education, self-care tips

Apply SDF to affected areas,

Recare periodicity

Teledental follow-up for resolution and + pt education

Assign to an aerosol- producing appt in the template, use rubber dam, HVE and evacuator, Isolyte for both restorations in 1 appt.

Use teledentistry to prep patient.

RESOURCES



APPROACHES FOR PRIORITIZING CARE

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Pregnant patients Chronic or concomitant disease or disorder: Oral cancer, diabetes, inflammatory diseases, and cardiovascular disease	Disease management Urgent dental care	in-office visit:	Non-aerosol, low aerosol or minimally invasive procedures¹ Droplet precautions and aerosol-mitigating engineering and clinical options²	chronic gingivitis/ periodontitis
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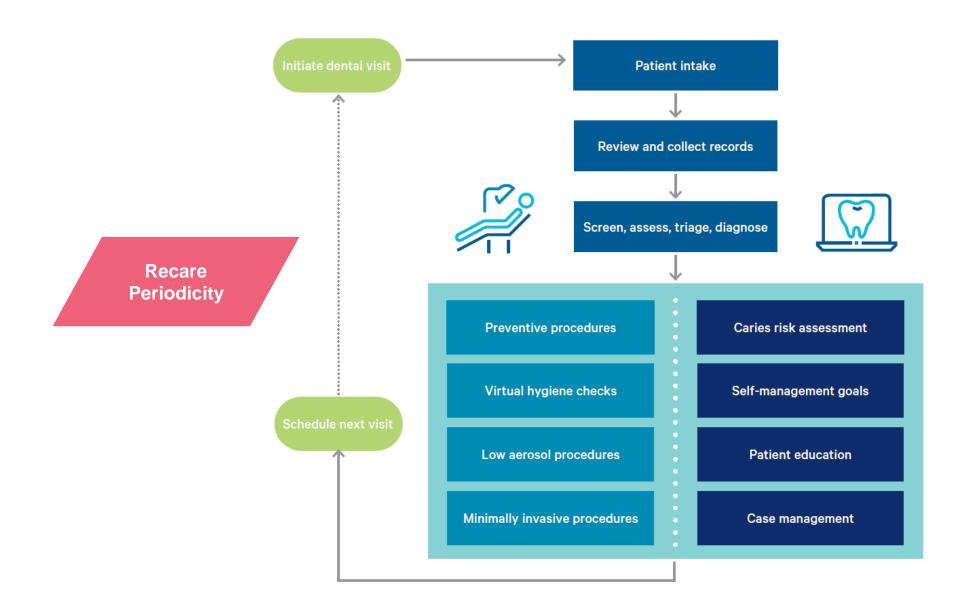
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SUSTAINABLE PATHWAYS TO PATIENT-CENTERED DENTAL CARE



TEAM SHARING: FAMILY HEALTH CENTER OF WORCESTER



Dental Integration in the Care of Diabetics at Family Health Center Worcester

> September 2020 Martha Sullivan DDS Martha.Sullivan@fhcw.org

FHCW Dental Providers are Key Players in the Multi-Disciplinary approach to Diabetes Management

As dental providers, we are an integral of a diabetic patients care team at a FHCW. In 2020 are also represented on the Health Center's Diabetes Quality Improvement Team. The Team includes:

Associate Director of Clinical Quality	Data Specialist
Primary Care Provider	RN
Dental Provider	Patient Navigator/ Case Manager
Pharmacist	Population Health Manager
Behavioral Health Provider	Others: tbd prn

Smart Goals for Multi-Disciplinary Quality Project benefitting Diabetics in 2020

Department/ Contributor	Smart Goal to decrease A1Cs
Pharmacy	1. By March 1, 2020 at least 5 patients with A1c over 9% will have met with the clinical pharmacist.
Behavioral Health	2. IBH: dual visits - continue the pilot and expand the pilot to all 4 primary care teams so that by June 1, 2020, at least 20 patients with A1c > 9 will have met with IBH.
Nursing	3. Nurse visits: By May 1, 2020, at least 35 unique patients with A1c over 9% will have at least 1 visit with a diabetic nurse educator
Community Health, Case Management	4. CDSMP: by October 31, 2020 a total of 50 Diabetic patients will have completed the Chronic Disease Self-Management course with a reduction in the average A1c.
Dental	5. Dental: By June 1, 2020, at least 15 diabetic patients with A1c>9 will have received a dental visit during in which they receive diabetes education.

How FHCW Dental Staff Contribute to the Well-Being of Diabetics with A1Cs>9

- We use a report generated by FHCW IT to identify patients with an A1c of 9 or greater who have dental appointments.
- The report includes all active patients (who had med visit in past 2 years) with an active diabetes diagnosis; their last diagnosis date, a1c value, last med visit date, last dental visit date, and their next dental visit if they have one.
- http://ngrprt/Reports/Pages/Report.aspx?ItemPath=%2fDiabetes%2fActive+Diabetes+Pts+Dental+Visits
- We educate patients on the relationship between oral health and the overall health of diabetics. We personalize this, discussing the impact of the patient's own periodontal status, the presence of dental abscesses, their edentulous state/and or prosthetic state on the stability of their diabetes. We provide essential dental care, adjuvant support, and encourage periodontalmaintenance. We keep patients safe by using the glucometer before oral surgery and other indicated appointments, and schedule appointments at times when patients blood glucose readings are generally most stable.

FHCW Dental Staff provide Nutritional Education materials and promote Food Security

- FHCW Dental Patients receive nutritional counseling materials from their dentists and hygienists.
- Patients are encouraged to attend the mobile open air market on Wednesdays for farm fresh produce. EBT cards accepted.
- Once per week, the Community Harvest Group in Grafton delivers donated fresh fruits and vegetables for distribution to our dental patients, including diabetics ones, in our dental reception area, free of charge.

FHCW Dental refer this targeted population to a CHW versed in oral health education for participation in a self management program, when the program is operational.



How to become a Healthier You

For A Workshop That Can Help You Take Charge Of Your Health Conditions

Participate in our **FREE**

My Life My Health & Diabetes Self-Management

Classes in English, Spanish & Vietnamese

Do you have?

- High Blood Pressure
- High Cholesterol
- Heart Disease
- Arthritis
- Diabetes

- Chronic Pain
- Anxiety or Depression
- Allergies
- IBS/Crohn's
- another chronic illness

For more information

Call: Community Health Workers at (508) 860-7748

> Or task: CHW Group

You will learn:

- How to manage your chronic conditions
- How to create an action plan and stick to it
- How to problem solve
- How to deal with stress
- How to select healthy food choices
- When to contact the doctor

You will Receive:

- A free education classes
- Complimentary workbook
- Snack
- Transportation support if needed

How have things changes changed during Covid Times?

- Telehealth has been used to conduct educational visits and status checks for Dental Diabetic patients in the high risk group.
- ► The Dental Team is also providing the following additional education to Diabetics about Covid during Covid Times:
- People who have diabetes are not more likely to contract COVID.
- According to the American Diabetes Association in 2020, in people whose Diabetes is well managed, their risk of getting seriously sick is about the same as for the general population. However, if their diabetes is poorly controlled, diabetics are more likely to have more serious symptoms and complications than if well controlled.
- Diabetic patients with an A1C greater than 9 will be prioritized for hygiene appointments as FHCW re-opens its hygiene services.
- Food security is addressed in part, and positive relationships built, during Covid Times, through care packages at the dental front desk.

What have FHCW Dental Staff accomplished by being part of a Center Wide QI team?

- We've improved the diabetic patient's overall experience at the health center
- •We've contributed to the Center's attempt to decrease A1cs and health issues related to diabetes through education and reduction in co-morbid dental disease.
- •We've improved Health literacy
- •We've supported community engagement in addressing diabetes
- ► •We've contributed to the Center's attempt to improve health outcomes through the use of previously ignored technology- telehealth.
- •We've improved inter-departmental provider relationships, and relationships of patients with providers.

DISCUSSION



NEXT STEPS



September Faculty Office Hour: Population Mgmt and Caries/Perio Risk Assessments

This office hour will be an opportunity to:

- Informally discuss remaining questions
- Discuss useful resources/materials
- Learn and share new ideas with peers and faculty



Oct 6th, 12-1pm ET





COHRT Community Hub DentaQuestPartnership.org/cohrtcommunity-hub

FEATURED RESOURCES







CDC

DATA MEASUREMENT TOOL

Look to better analyze your practice's data to better understand your disease management or interprofessional efforts, improve patient experience and better understand outcomes of your practice?

Check out our customizable data measurement tool.

Learn More



COHRT EVENTS

Community Call #1 - Teledentistry

Learn More

Faculty Office Hours - July

Learn More

Monthly Data Submission Due - June

Learn More •



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A link for the evaluation will appear when you exit WebEx

